

# ST. BERNARDS MANNYA HEALTH CENTRE

P.O. BOX 04  
KYOTERA - UGANDA

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DATE: 1/12/08

C/O Fr. Nestus Mugisha

Fr. Foley  
St. Bernard's Parish  
Belmont Victoria  
Australia

## **RE: PROGRESS MEDICAL REPORT FROM DECEMBER 2007- NOVEMBER 2008 FOR ST. BERNARDS' MANNYA HEALTH CENTRE.**

Our great thanks go to St. Bernard's Parish in Australia for the support they have given to St. Bernard's Mannya Health Centre. We continue to ask for that support and co-operation to see that the community of Mannya enjoys good health services.

### **STAFF MEMBERS**

The staff comprises of 8 members as below:

Kimuli Denis	Clinical officer/in charge
Rwegyema Beatrice	enrolled mid wife
Mugerwa Gilbert	enrolled nurse
Birangi Willy	nursing assistant
Mugagga Margaret	Laboratory assistant
Nakiwala Resty	records assistant/cashier

### **SUPPORT STAFF**

Katongole Paul	cleaner
Kabati Ismail	security officer

### **SERVICES OFFERED AT ST. BERNARDS MANNYA HEALTH CENTRE**

- ✂ General treatment of medical and surgical illness
- ✂ Minor operations (illusion and drainage, etc)
- ✂ Immunization against the killer diseases (polio, measles, tuberculosis, whooping cough, diphtheria, hepatitis B and A, yellow fever etc.
- ✂ Antenatal care to all pregnant mothers
- ✂ Maternity services
- ✂ Dental services
- ✂ PMTCT (Prevention of mother to child transmission of HIV/AIDS to all infected mothers)
- ✂ Health education of the community
- ✂ School visiting for health care services
- ✂ Home visiting
- ✂ Inpatient admissions

## **PROGRESS AS PER SERVICE OFFERED**

### **1. General treatment of medical and surgical**

<b>Months</b>	<b>Number of patients attending OPD</b>
December 2007	438
January 2008	470
February 2008	526
March 2008	578
April 2008	544
May 2008	601
June 2008	642
July 2008	716
August 2008	578
September 2008	636
October 2008	687
November 2008	605
<b>TOTAL</b>	<b>7021</b>

### **2. Minor surgical operations (incision and drainage of abscess)**

Since December 2007, **87** patients/client have been operated and have reported back with good progress

### **3. Immunization against killer diseases**

<b>Months</b>	<b>Number of children immunized</b>
December 2007	60
January 2007	129
February 2007	116
March 2007	119
April 2007	127
May 2007	131
June 2007	127
July 2007	135
August 2007	138
September 2007	148
October	140
November	149
<b>TOTAL</b>	<b>1519</b>

**NB:** Immunization also includes Vitamin supplementation for children in the age range of 6 months and above

It also includes dew arming to children 1 year and above

#### 4. Antenatal services for all pregnant mothers

Months	No. of mothers who attended the clinic
December	35
January	78
February	68
March	80
April	106
May	100
June	97
July	107
August	107
September	81
October	95
November	107
<b>TOTAL</b>	<b>954</b>

Mothers who come for antenatal check ups also get preventive treatment against malaria.

They are as well counseled and tested for HIV/AIDS to prevent transmission of the Virus from mother to child.

Maternity months	No. of mothers who attended the maternity
December 2007	10
January 2008	8
February 2008	11
March 2008	08
April 2008	12
May 2008	9
June 2008	5
July 2008	10
August 2008	3
September 2008	7
October 2008	8
November 2008	13
<b>TOTAL</b>	<b>116</b>

#### 6. Dental services

This involves dental extension just in case of dental cervix pulpits. It also involves health education on proper dental hygiene. So far 210 people have been serviced from our unit.

## 7. Inpatient admissions

<b>Months</b>	<b>No. of patients admitted</b>
December 2007	15
January 2008	17
February 2008	14
March 2008	10
April 2008	48
May 2008	70
June 2008	548
July 2008	60
August 2008	65
September 2008	50
October 2008	67
November 2008	51
<b>TOTAL</b>	<b>619</b>

There has been an increase in the number of patients admitted on our centre for various illnesses.

## 8. Health Education of the Community

We usually make outreaches to different villages and we educate the community on good health behaviors. This is done on a monthly basis.

## 9. Prevention of mother of child transmission of HIV/AIDS

This is done by testing all mothers who come for antenatal check ups for HIV/AIDS. Those who test positive for the virus, are counseled and health education on how they can deliver a baby free from HIV infection. In most cases we connect them to organizations which can supply them with free ARVs

## 10. Laboratory services

<b>Months</b>	<b>No. of patients tested</b>
December 2007	103
January 2008	153
February 2008	181
March 2008	155
April 2008	99
May 2008	108
June 2008	191
July 2008	102
August 2008	101
September 2008	135
October 2008	144
November 2008	139
<b>TOTAL</b>	<b>1611</b>

In total, 11927 people have so far benefited from the services offered at St. Bernard's Mannya Health Centre since its inception in July 2007.

## **THE COMMON DISEASES DIAGNOSED AT THE UNIT**

- ✍ Malaria
- ✍ Urinary tract infections
- ✍ Respiratory tract infections
- ✍ Gastro intestinal diseases
- ✍ HIV/AIDS
- ✍ Skin diseases
- ✍ Oral diseases
- ✍ Sexually transmitted infections

## **FINANCING**

The biggest proportion of our finances comes from our donors **THE COTTON ON FOUNDATION** in Australia – 95%

The remaining proportion comes from the Government and the little money charged from patients as charge.

## **CHALLENGES**

1. Lack of enough structures: we need more structures like the male and female wards, paediatrics ward, mortuary and a modern kitchen for the attendants of the patients to use. We are proposing to leave the current block entirely for our patient department. We wish to put up a minor theatre for we carry out minor surgical operations.
2. Lack of Antiretroviral Drugs (ARVs) for HIV/AIDS patients. In quite a number of times we diagnose patients with HIV/AIDS but due to lack of ARVs we end up referring them to some other places. So we wish we can get a machine to count CD4 cells so as to start the patients on the correct drug/ARVs

We continue to ask our friends from St. Bernard's' to assist us in the struggle.

## **WAY FORWARD**

We hope to use the money we got from patients as a charge fee to combat some of the challenges one by one. This will be coupled with support from our friends of **St. Bernard's**

Thank you very much

Yours,

**KIMULI DENIS**  
**IN CHARGE/ CLINICAL OFFICER**