

St Bernard's Parish Belmont



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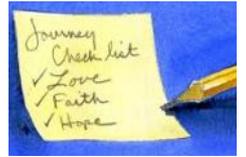
geelongdeanery.cam.org.au

15th July 2018

Fifteenth Sunday in Ordinary Time Year B

Travelling light

In the high mountains of the Himalayas there are no roads or well-laid paths. Often the Sherpas or other mountain-hardened travellers have to cross high passes, on jaw dropping, narrow perilous tracks, where one false step can send you into an abyss. Western observers and others have sometimes observed mountain people traversing mere goat tracks cut into sheer cliffs, in a kind of trance. At certain points on the journey, these tough mountain people fall silent and walk steadily and lightly staring into the middle distance. No matter how narrow and difficult the path they actually appear to be walking more lightly than when the path was not difficult. Apparently this light trance walking has a lot to do with inner balance and knowing and keeping connected to one's own centre of gravity.



This amongst other things can be an image for today's gospel. Jesus is all about calling and sending his disciples to travel lightly. The point is clear enough; a disciple does not follow Jesus in his or her own self-sufficiency. All of us are called to be unencumbered by baggage. We are called to carry a warm heart out to others, travel lightly and take with us only the bare essentials. Implicitly and explicitly, Jesus calls his disciples to a spare, simple faith. Essentially he invites us to trust providence and to trust human kindness. This is not just a summons reserved for that original, very limited historical missionary journey of Jesus' first disciples. We are all called to the journey of faith and at some time or other we are going to have to learn the lesson of travelling lightly.

Speaking personally, I know I am one who does not travel light. Like too many of us, I am literally too heavy, but real travelling light has a lot to do with things both external and internal. Like too many of us, I have more stuff than is needed or required. Thus we see great inequality in our world, where some have more than their share of life's bounty and far too many have way too little. On the internal level, there can be all our wanting, our resenting, our grasping and our fearing. Putting down this kind of baggage is something all us have to contend with in some manner or other. On top of this, another piece of baggage to leave behind is intense self-preoccupation. It might be that I feel too sinful or unworthy. For some it might mean realizing we are called to follow the master, not seek mastery over another. To quote the late Archbishop Oscar Romero, "we are ministers not messiahs."

Jesus does not wilfully call us into impoverished dereliction and misery. He wants us to travel lightly, so we can be filled with his light, his love, his grace. He sends us as he sent his first disciples, to be signs of the kingdom. That is, to be healers and transformers of the world as we encounter it. Not necessarily in some spectacular way, but in day-to-day self-giving. It could be just by showing real interest in another vulnerable human being, or giving generous time to our elders. And in fact, is it not so, that many of our burdens and cares recede and diminish when our focus is outward in proper care for another.

Of course Jesus is relentlessly uncompromising. His gospel calls for a full hearted commitment. His love is all or nothing love. He seeks our entire trust, our entire attention and our entire heart. Yet paradoxically we must become little enough, weak enough and light enough for his powerful grace to carry us.

Fr Vincent Jewell PP

We remember those who have died :

Val Connoley

We pray for those who are unwell :

Dot Stephenson

John Shawcross

Brittany Schultz

Barbara Donovan

Noelene Goonan

Peter Harbison

Alan Ansell

Vincent Daniels

John Orders

Tim Coakley

Tulli Seabert



We welcome for Baptism :

Xavier Gibaldi

Campbell Jamieson

Thomas Flanagan

Eve & Ruby Ditcham

Special prayers for :

Mohammad Rahmani. At present, his solicitors are applying for a copy of his department file, under a Freedom of Information request.

May God hold them all in the palm of his hand.

Meetings :

St Vincent de Paul

Monday 16th July 7.30pm.

Prospective volunteers welcome to call

Anne: 0458 294 526 prior to the meeting

Mon 30th July 1.30 pm Sing Australia :

Belmont Seniors Concert Hall, 52 Thomson St. Geelong's very own professional singing group, who will delight with a wide range of musical talent. \$5. Join us for tea & coffee after.

Tuesday August 14, 5.30 – 7.30pm

LIFEBOAT GEELONG

A fundraiser at the Royal Geelong Yacht Club.

Guest Speaker : **Brian Cook,**

CEO of Geelong Football Club.

Finger food provided.

Tickets **\$60pp.** Please purchase online at:

www.lifeboatgeelong.com.au



Lifeboat Geelong
FOUNDATION

The organisers of the **Michael Carmody**

Foundation, together with Michael's family, once again express their **gratitude** to the St Bernard's community, for their **on-going support** of the Foundation's fund-

raising events. Proceeds are forwarded to Nazareth school, St Joseph's College & Simonds College West Melbourne, providing financial support to students in need.



Pope Francis' **prayer intention** for July 'Let us pray together that **priests,** who experience fatigue and loneliness in their pastoral work, may find help and comfort in their intimacy with the Lord and in their friendship with their brother priests.'

A huge **Thank You** to you, the parishioners of St Bernard's, for your generous support of St Vincent de Paul's appeal, once again.

You donated \$7103.20 which will be used for families and individuals in the Belmont/Highton area.



This year, Belmont Conference has been fortunate to have 2 *new volunteers* join our Home Visitation Teams. One is a young Law Student and the other a Retiree.

After the required background checks and attending a 'new recruits' seminar, they are currently paired with experienced members, gaining an understanding of how 'to give a hand-up, not just a hand-out', a St Vincent de Paul maxim.

Anne Bainbridge, President
Belmont Conference

Vinnies Saturday Night Bread Run.

We wish to advise that Saturday 7th July '18 was the **last home delivery** of donated bread to 27 current families-in-need in Belmont/Highton.

This is because we have fewer volunteers available for deliveries on Saturday nights and also because Health and Safety requirements for volunteers have become more demanding.

So, after more than **15 years of generous contribution of time and effort,** we *acknowledge and thank* our volunteers and all those past volunteers, for all they have done to help others less fortunate.

We have offered *emergency assistance* through the St Vincent de Paul Welfare Centre, to the families we have been visiting, should they require it.

We also acknowledge the *generous support of* **Bakers Delight, Highton.**



Special collection next weekend for Catholic Mission : funds raised will go towards **education** for the children of **Myanmar.**

Plenary Council 2020 :

Prayer cards in the foyer.

The Council will be the opportunity for the Church to make decisions about the future. Visit :

www.plenarycouncil.catholic.org.au



THIS Thurs 19th July :

Community Refugee Action Group (CRAG)

On the 5 year anniversary since the PNG solution was announced, there is still room and time for Australians to *make a noise, raise awareness, let politicians know they want change and demand an end to this limbo.*



Action: Gather at politicians' offices, with 12 empty chairs and 12 pairs of shoes, representing the *deaths of 12 people* in detention or in the community.

3.30 pm - Richard Marle's office
17a Yarra St Geelong

4.30 pm - Sarah Henderson's office
195 Colac Rd Waurin Ponds

5.30 pm - Gather at **corner of Latrobe Terrace & Ryrie St** Geelong with banners.

The other side of Orthodoxy :

Right truth, proper faith and true fidelity to Jesus Christ demand that our hearts are open and wide enough to radiate the *universal love and compassion* that Jesus incarnated. Purity of dogma alone doesn't make us disciples of Jesus.

Suffice it to say that Jesus is clear about this.



Anyone who reads the Gospels and misses Jesus' repeated warnings about legalism, narrowness and intolerance is reading selectively. Granted, Jesus also warns about staying within the bounds of proper belief and proper morals (the *commandments, love of our enemies, forgiveness*), but he stresses that we can miss the real demands of discipleship by not going far enough in letting ourselves be stretched by his teachings.

The German poet, Goethe, once wrote: 'The dangers of life are many and safety is one of those dangers'. This is true in our personal lives and it's true in Christian orthodoxy. There is danger in bad dogma but there is equal danger in not radiating, with *sufficient compassion and understanding*, God's universal will for the salvation of all peoples.

Ron Rolheiser, OMI

In July 2016, **323** mass goers at St Bernard's completed the **National Church Life Survey**. This was conducted throughout Australia across many denominations.



A profile was put together about our parish, based on those replies. Among many other facts & figures, **35%** agreed that their **skills & talents** are used well in this parish.

13% would like to be more involved.

After mass, you are invited to chat to members of the Parish Council, *if you would like to participate more actively in our community*. Copies of the Parish Information brochure are available, listing **different social groups & opportunities to volunteer** on a roster, in the church, garden or wider community.

(Help with **church cleaning & eucharist ministers** are urgently needed right now.)

A copy of the NCLS *Parish Profile* is available, if you are interested in *other data results* from the survey.

Coffee Processing Plant Funding :

Direct bank transfer :

BSB : 063 504

Acc number : 008 005 74.

Bank reference : Coffee & surname'

Cheques :

'St Bernard's Church *Mannya* acc'.

Contact the Office for further information.

Thank you



Feed Geelong :

Thousands of men, women and children in the Geelong



community are struggling to put three healthy meals on the table each day. With your help, Feed Geelong is doing something about it!

Every Thursday in July (12 -2pm unless sold out), you can grab a wonderful bowl of **takeaway soup** and a slice of **La Madre bread** for only **\$7!**

All soup and bread are donated, so 100% of soup sales will go directly to Feed Geelong!

For **participating cafes** across Geelong :

ph 5229 4364 or email :

feedgeelong@givewhereyoulive.com.au

Sunday 15th July 2-4.30pm **The Savoy Singers presenting Music to make you Smile** from stage, musical theatre and opera. Christ Church (cnr Moorabool and McKillop St, Geelong) Tickets \$15 at the door or Ph Jan 0409 176 409 or Phillip 0448 118 302 for bookings.

Next Sat 21 July, 10am – 12pm Star of the Sea OPEN DAY 1290 Horseshoe Bend Rd, Torquay. For more information phone 8593 8444 or visit vmch.com.au. **Pick up a brochure from the foyer.**

Sat 21st July 1-3.30pm Pastoral Healthcare Network invites YOU to a relaxing **afternoon of pampering and pastoral healthcare**, including hand, shoulder and foot massage, Bowen and Myotherapy, blood pressure testing, meditation and afternoon tea. \$10 St Bernard's café. RSVP 0403 500 279 by Wed 19 July

Sunday 12th Aug 2-5 pm **For the Joy of Singing the Classics : Dona Nobis Pacem**, by Ralph Vaughan Williams. Wesley Church 100 Yarra St. *Singers & listeners* most welcome. \$15. **Bookings essential** pandapilgrim@gmail.com or 0412 524 316 (see noticeboard)

7th October **17 day pilgrimage** with Fr Stephen (Highett) Fatima, Medjugorje, Lourdes & more \$7200. Ph 03 8513 0680 & 1300 721 561 or email pilgrimage@magiholidays.com.au

Catholic Development Fund (CDF) has established the **CDF Community Fund**. Brochures in the foyer or visit : www.cdfcommunityfund.org.au

People **parking in the small carpark, near After School Care**—please check before driving away. A large nail was 'placed' under a car tyre during mass recently.

Parish Office Hours

Mon : 10.00—3.00
 Tues : 8.30—4.30
 Wed : 8.30—4.30
 Thurs : 8.30-1pm
 Thurs pm—CLOSED
 Friday : 8.30-4.30

Please Note: Church **car park** gates are locked at 1.00pm each Sunday

Week 4 : 21/22 July

St Bernard's Mass Times

Saturday: 6.00pm
 Sunday: 9.00 am and 10.30 am
 (5.30pm at St Mary's)
 Wednesday : 12 noon
 Friday: 12 noon
 Mass on the radio: 7.00am Light FM 89.9;
 10.00am Pulse FM 94.7

If you need a priest urgently,
 phone Fr Vincent
 0417 837 565

St Bernard's Playgroup

Tuesdays during school term.
 9.00-10.30am
 in the Big Space,
 entrance Fryers Rd.
All welcome

Charismatic Prayer

1st & 3rd Tuesday
 10.00am
 in the Church.

Men's Group

Second Tuesday
 of the month
 10am
 in Church café.
 Come along for a
cuppa & chat

Wednesday cards

Join us for a friendly game of 500
 1-15 - 4pm in the
 Church café.

Christian Meditation

Wed 7.30pm
 in the Church

Tai Chi : Fridays

9.30-10.30
 in the Church.
 Resumes 20th July

Setting up for Mass	6.00pm	C & C Raj
	9.00am	B & M O'Brien
	10.30am	J Earle & D Gielen
Eucharist Ministers	6.00pm	M Dias E Kent C Kenworthy C Raj
	9.00 am	D Butler B Gleeson A Morris S Gillett C Wilkin
	10.30am	D Martin L Rimmer K Bainbridge J Earle
Readers	6.00pm	P Lewis C Raj
	9.00 am	M King L Pomeroy
	10.30am	F Khan A Bainbridge
PowerPointers	6.00pm	D & N Kavanagh
	9.00 am	Burgess family
	10.30am	M & G Burns
Musicians	6.00pm	
	9.00am	Marg Tess C & Anna
	10.30am	
Book Nook	9.45am	Joanna
Coffee Shop		Edna Mary M Pauline
Cleaners : 2		A Morris A O'Neill J Parry
Flowers		Denise & Rosemary
Communion at home		D Turnbull—co-ord. Contact Office to arrange.

This week:

Am 7 : 12-15
 Eph 1 : 3-14

Ps 84 : 9-14
 Mk 6:7-13

Next Week:

Jer 23 : 1-6
 Eph 2: 13-18

Ps 22 : 2
 Mk 6:30-34